



Gravenstein Health Action Coalition

Check List based on GHAC Guiding Principles

Check in for meetings: What have I learned, either positively or negatively, from any actions I took related to our Guiding Principles check list

Check list for plans, actions, proposals from GHAC and its committees related to the Guiding Principles. (One point for each item checked as included.)

Equity is at the center. Consider language, priorities, barriers, awareness building, policy development

Shared responsibility for improved health, safety and wellbeing. Consider individuals, employers, local government, health care providers, health insurers, community-based organizations, school, faith community,

Building community capacity for self-healing, resilience. Considers effort in research, social determinants, ACES, investments

Networking with other organizations for impact and alignment, Consider Holism, safety, ongoing relationships, shared actions

The Gravenstein Health Action Coalition is a collaboration of local organizations, agencies and individuals working together to support policy, system and environmental change to improve health outcomes of all residents of West County Sonoma.

Gravenstein Health Action Coalition vision:

West County is a healthy and safe place for all residents to live, work, play and belong.

Gravenstein Health Action Coalition Mission:

Mobilize community partnerships and resources to achieve equity and improve the Health, safety and wellbeing for all in west Sonoma County

Gravenstein Health Action Coalition Guiding Principles

1) Place equity at the center of all we do – identify inequities and eliminate barriers to accessing the determinants of equity

- Build Cultural Consciousness regarding the language, behavior, and decisions that lead to inequitable environments.
- Prioritize efforts where there is the greatest potential to increase quality and years of healthy life and eliminate health disparities.
- Address policy barriers to equity and health access with legislative, regulatory and administrative proposals.

2) Acknowledge that everyone shares responsibility for improving the health, safety and well-being of West County. Long term improvements in community health and safety will require the involvement of individuals, employers, local government, health care providers, health insurers, community-based organizations, school, faith community, and others.

3) Build Community Capacity to generate well-being:

- Foster learning communities that are self-healing and resilient.
- Be flexible – creating an infrastructure for change
- Be inclusive and compassionate - build safety and collaboration into community engagement.
- Acts in accordance with evidence-based research and tracks measurable improvements.
- Embrace multiple determinants of health to remove the root causes of health problems.
- Identify strategies and mechanisms for meaningful and sustainable investments in community health promotion and improvement.

4) Build impact through alignment with other networks:

- Connect across networks, proactively, to look for common solutions and to become more holistic in our approach to achieve equity and resilience
- Create regular networking opportunities that are safe, inclusive, and create opportunities to build awareness of common interests and to come together for cooperative actions